

First Name*:	Last Name*:
Email Address:	
Phone Number*:	Date of Birth [*] :
Address*:	
City*:	State*: Zip Code*:
_ Emergency Contact Name:	Phone Number:

HEALTH INSURANCE INFORMATION

Most Health Promotion programs offered through the Illinois Pathways to Health Initiative are available at no cost to the participant through grants and federal funding. We will NOT bill your insurance without your consent. Listing the information below helps us to know who we are reaching to secure funding for future programs.

From what health system do you receive your primary healthcare care services?

Advocate Aurora Health	Mercy Health Corporation
Amita Health	NorthShore University Health System
Blessing Health System	Northwestern Memorial Health Care
Carle Health	OSF Health Care
Cook County Health	Presence Health
Edward-Elmhurst Health	Rush
Hospital Sisters Health System	Sinai Chicago
Kindred Healthcare	Southern Illinois Healthcare
Loyola Medicine	Swedish American Health System
Memorial Health System	

What type of health insurance do you have? Check all that apply.

Medicare

Private Insurer of Employer

Medicaid

Uninsured/ Self-pay

	Insurance Plan Info (Primary)	Insurance Plan Info (Secondary)
Insurance Plan Name:		
Group ID #:		
Member ID #:		

Decline to Provide





Illinois Pathways to Health by AgeOptions programs provide education, appropriate exercise for maintaining and improving strength, flexibility and endurance, and self-care strategies to help people experience improved wellness and quality of life. They are developed and verified by researchers to prevent falls, prevent and manage diabetes, and promote management of health conditions suchas chronic pain, COPD, high blood pressure, and arthritis.

Illinois Pathways to Health by AgeOptions is committed to protecting the privacy of users ("you" or "your") of its website and programs ("Programs"). This Privacy Policy states the AgeOptions practices applying to users of all Illinois Pathways to Health Programs.

BY ACCESSING AND USING THE PROGRAMS, YOU AGREE TO THE INFORMATION USE AND COLLECTION TERMS OF THIS PRIVACY POLICY. AGEOPTIONS HAS THE RIGHT TO REVISE THIS POLICY AT ANY TIME. WE MAY NOT NOTIFY USERS INDIVIDUALLY IF WE CHANGE THIS PRIVACY POLICY. ANY CHANGES WILL BE EFFECTIVE WHEN POSTED. WE ENCOURAGE YOU TO CHECK THIS PRIVACY POLICY FREQUENTLY FOR CHANGES.

Information We Collect

Users of the Illinois Pathways to Health Programs may create a user account. When you register for Programs you may provide personally identifiable information, including an email address, name and other information. You may also consent to participate in surveys related to your use of the Programs and your responses to such survey and/or healthcare related questions related to your use ofthe Programs will be collected in our system as well. Except as specifically stated below, we will not provide your personal information to any third parties without your express consent. For purposes of this Privacy Policy, personal information includes all information or data that is specific to you and may be used to determine your identity, such as contact information (names, addresses, phone numbers, and email addresses) and any survey or healthcare related responses you provide related to the Programs.

AgeOptions may also collect non-personal information regarding your use of the Programs with operational tools such as cookies, web log files, and user IP addresses ("Usage Information"). AgeOptions may use Usage Information and other system information to process automatic crash reporting which collects reports of crashes and other technical issues. A crash reporting service automatically collects certain information that does not personally identify you. This other system information used for this crash reporting includes, but is not limited to, device state information, unique device identifiers, device hardware and OS information, and information relating to how the Programs are functioning.

Use and Disclosure of the Information

We use your personal information to provide the Programs. This personal information will also be provided to certain third-party technology services providers as necessary to provide the Programs functionality. Third party technology services providers include software development, application and data hosting, wireless network services providers, and payment processing agents. We are

Notice of Privacy Policy



responsible for assuring that these third parties comply with the terms of this Privacy Policy.

AgeOptions may also share your personal information with your "related source" which may include your healthcare provider or health plan, when such related source refers you to our Programs or pays for your Programs. If you elect to participate in surveys and/or healthcare related questions related to your use of the Programs, we will share this information with the related source that referred youto our Programs. In addition to the sharing of such personal information, AgeOptions may also disclose information related to your use of the Programs to such related source.

Except for our third party technology services providers or as noted for a related source, AgeOptions does not voluntarily share personal information with a third party without your prior authorization, unless doing so is necessary (1) to enforce this Privacy Policy, to comply with law, regulation or other legal processes or to protect the rights, property or safety of us or others, (2) to comply with a valid order or process from a government regulator or law enforcement agency, (3) in emergency situations, (4) to protect against misuse or unauthorized use of the Programs, (5) to detect or prevent criminal activity or fraud, or (6) in the event that we or substantially all of our assets are acquired by one or more third parties as a result of an acquisition, merger, sale, reorganization, consolidation or liquidation, in which case your personal information may be one of the transferred assets.

We use the Usage Information to analyze and evaluate the features and functionality of the *Programs*.

Tracking Technologies

We track and collect Usage Information via "cookie" files and other software technologies. Cookies are small data files containing a string of characters that aresent to your computer when you visit a website. When you visit the website again, the cookie allows that site to recognize your browser. Cookies may store your user preferences and other information. You can reset your browser to refuse all cookies or to indicate when a cookie is being sent. However, some features of the Services may not function properly without cookies.

Data Security

Data security is implemented through physical, administrative, and technical safeguards we put in place and operational procedures we follow to protect personal information. We protect your transactions involving personal information over the Internet using Secure Sockets Layer (SSL) technology. We restrict access to your personal information in our database to our authorized employees, our agents, and certain of our authorized partners.

Children's Privacy

The Programs are not intended for use by children under the age of 18. We will notknowingly collect any personal information from users under the age of 18 online through our website or user



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accounts. If you think that we have collected personal information from a visitor under the age of 18, please contact us.

Contact Us

If you have any questions, comments or concerns about this Privacy Policy or your privacy please contact us at info@ILPathwaystoHealth.org or via the contact information provided on the Illinois Pathways to Health website.

Changes to Our Privacy Policy

We may modify, alter or update our Privacy Policy at any time, so we encourage you to review our Privacy Policy frequently. We will not provide individual notice to you of changes to our Privacy Policy, but when we make updates to our Privacy Policy, we will update the date of the revision.

Privacy Policy Acknowledgement

By signing below, I acknowledge that I have received and read the Illinois Pathways to Health by AgeOptions Privacy Policy Notice.

Participant's Printed Name:	

Participant Signature: _____ Date:



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Release and Waiver of Liability Agreement

As a participant in this class, the undersigned agrees to indemnify and release and hold harmless AgeOptions and organizations affiliated with Illinois Pathways to Health, their directors, officers, employees, and agents from any loss, liability, injury, cost, or damage they may incur resulting from such class participation.

In addition, by signing below, the undersigned agrees:

- Information provided in the class does not replace the advice of medical professionals;
- To address concerns with the undersigned's medical provider if the undersigned believes the information in the class conflicts with the advice of the undersigned's medical provider;
- The undersigned has been informed that the sessions may include light to moderate exercise, including stretching, balance, and range of motion exercises;
- The undersigned assumes full responsibility for and risk of bodily injury, death, or property damage due to negligence or releasees or otherwise while participating in any class affiliated with Illinois Pathways to Health by AgeOptions; and
- To work within their own comfort zone and agrees to stop participating if they feel any pain or discomfort and will let one of the class instructors know about their condition or concerns.

Program Name:		
Site Name:		
Participant's Printed Name:		
Participant Signature:	Date:	